



COVID-19 Indoor Soccer Event and Training Guidelines

The following guidelines have been developed based on the resources provided by the CDC, South Dakota Department of Health & US Youth Soccer.

The following guidelines are recommended best practices to mitigate the risk of the spread of COVID-19. SDYSA encourages all of our members' associations to adhere to these guidelines. Any SDYSA member association that will be hosting a sanctioned soccer tournament OR training/practices at an indoor soccer facility or facilities must comply with the owner of the facility or facilities guidelines or policies first. These local facilities guidelines or policies will take precedence over SDYSA's guidelines. Communities around the State currently have or are implementing City Mask Mandates, Brookings is one of those communities. All protocols surrounding the city mandates will be followed along with the measures included in this document.

Players

- Players are encouraged to arrive no sooner than 15 minutes prior to their team's kickoff/training.
- Players are required to wear a mask when not playing.
- Players should self-screen with the support of their guardian(s) and check for a fever, cough or other symptoms of COVID-19 prior to travelling to a tournament and prior to entering the indoor facility.
- Players with a **pending** COVID-19 test cannot participate in training or attend an event until a negative test result is received.
- Players with a **positive** COVID-19 test cannot participate in training or attend an event until they are clear of symptoms for at least 10 days after the positive test result.
- Players with **close contact** to a positive COVID-19 person cannot participate in training or events until one of two scenarios are met - 7 days from contact **with negative test result (test result must come on or after day 5 or greater)** or 10 days with no test.
- Players should not linger pre-game or post-game in groups and should leave the facility after their game is complete.

Coaches

- Coaches are encouraged to arrive no sooner than 15 minutes prior to their team's kickoff.
- Coaches are required to wear a mask at all times when inside a facility.
- Coaches should self-screen and check for a fever, cough or other symptoms of COVID-19 prior to travelling to a tournament and prior to entering the indoor facility.
- Coaches with a **pending** COVID-19 test cannot participate in training or attend an event until a negative test result is received.
- Coaches with a **positive** COVID-19 test cannot participate in training or attend an event until they are clear of symptoms for at least 10 days after the positive test result.
- Coaches with **close contact** to a positive COVID-19 person cannot participate in training or events until one of two scenarios are met - 7 days from contact **with negative test result (test result must come on or after day 5 or greater)** or 10 days with no test.
- Coaches should not linger pre-game or post-game in groups and should leave the facility after their game is complete.

Spectators

- The spectator to player ratio is recommended to be 2:1
- Spectators are required to wear a mask at all times when inside a facility.
- Spectators should self-screen and check for a fever, cough or other symptoms of COVID-19 prior to travelling to a tournament and prior to entering the indoor facility.
- Spectators with a **pending** COVID-19 test cannot participate in training or attend an event until a negative test result is received.
- Spectators with a **positive** COVID-19 test cannot participate in training or attend an event until they are clear of symptoms for at least 10 days after the positive test result.
- Spectators with **close contact** to a positive COVID-19 person cannot participate in training or events until one of two scenarios are met - 7 days from contact **with negative test result (test result must come on or after day 5 or greater)** or 10 days with no test.
- Spectators should not linger pre-game or post-game in groups.
- Spectators should leave the facility after their game/training is complete.

General

- Please avoid physical contact with others including handshakes, high fives, huddles or other close contact before, during or after games.
- Please maintain physical distancing at all times.
- Stay home if you feel sick, even if your symptoms are mild.
- Hand hygiene is the number one way to prevent the spread of germs and to prevent infections. We strongly encourage proper hand hygiene by either washing them with soap and water, or using a hand sanitizing gel.

Frequently Asked Questions

Q: What guidelines does club use for policy and definitions?

A: CDC and DOH are primary sources of policies but others are considered too – local mask mandates is an example.

Q: If my player has no symptom but had close contact, can he/she return to practice?

A: Once the player has met the criteria of close contact duration (7 days w/ negative test, 10 days w/o test) they can return.

Q: How do you define all these terms of close contact, symptoms, etc?

A: The club uses CDC and DOH definitions. Please reference these materials.

Q: If my player can't participate in a tournament, will the fees be returned?

A: Yes if player can't participate because of COVID. Please contact team manager to coordinate.

Q: When should my player sit out from practices and events?

A: If your player has tested positive, has a pending test or close contact they should not participate until all criteria defined earlier in this document is met.

Q: How do I know if my player can participate?

A: If none of the situations to not participate apply, you have no symptoms – please check if you have symptoms before every activity.

Q: Does close contact include time before a positive test result of a person?

A: According to CDC guidelines yes, a contact identified 48 hours before positive test or symptoms.